





and

collaboration

SKILLS

Yr11 Activities: Basketball, Football, Netball, Table Tennis, Badminton, Fitness Suite, Tennis, Cricket, Rounders, Stoolball

- -Applying ABCs to further develop higher skills to be consistent
- -Planning tactically as a team to improve perf' effectiveness
- strategising to lead+ improve performance -Developing social skill use with others

Yr10 Activities: Basketball, Football, Netball, Table Tennis, Badminton, Fitness Suite, Tennis, Cricket, Rounders, Stoolball

Yr9 Activities: Dance, Football, Table Tennis, Netball (girls), Rugby (boys), Fitness Suite, Cricket, Badminton, Tennis, Rounders, Athletics

- -Applying ABCs to develop higher level
- team to improve perf'
- -Analysing, coaching & strategising to improve performance
- -Developing social skill use with others

Yr8 Activities: Badminton, Rugby (boys), Netball (girls), Table Tennis, Orienteering, Football or Dance, Fitness Suite, Gymnastics, Basketball, Cricket, Rounders, Tennis, Athletics, Handball

Year 8 -Selecting and

- applying ABCs for sporting benefits -Analysing roles for
- perf' effectiveness -Analysing and coaching to improve
- performance -Developing social

skill awareness

Yr7 Activities: Badminton, Rugby (boys), Netball (girls), Table Tennis, Orienteering, Football or Dance, Fitness Suite, Gymnastics, Basketball, Cricket, Rounders, Tennis, Athletics

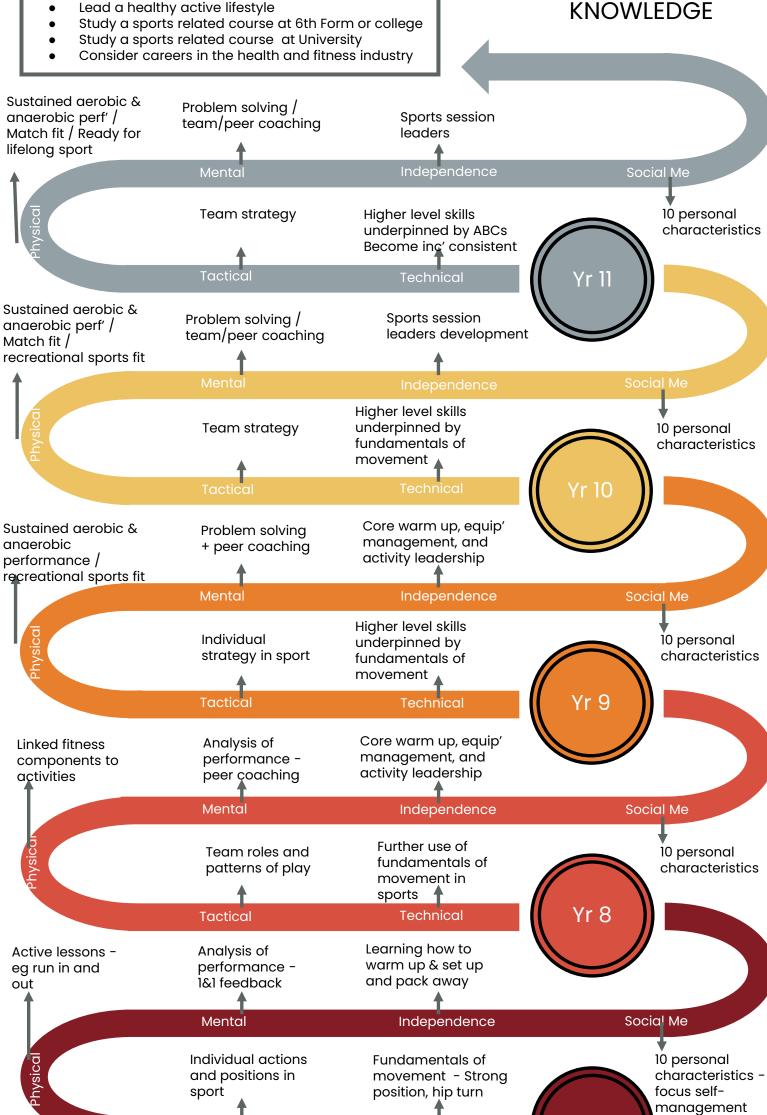
Year 7 -Exploring the concepts of ABCs for

- performance benefits -Understanding how tactical planning
- improves perf' -Analysing and using Verbal feedback to improve performance
- -Developing social skill

The future

Lead a healthy active lifestyle

Tactical



Technical